

recovery by serendipity

coffee

cold brew	1100
cold brew latte	1100
iced latte	1100
iced americano	950
iced matcha	1300
V60 handbrew	1300

extras

coconut milk	+200
oat milk	+500
espresso shot	+200

coolers & refreshers

homemade iced tea <i>brewed with black tea, lemongrass, ginger, and lime. add some natural sugar if you like a touch of sweetness</i>	900
lime soda <i>lime soda, made with fresh lime juice</i>	700
king coconut <i>fresh island coconut</i>	500
kambucha <i>ask for flavours available</i>	900

about

good training deserves good fuel. recovery by serendipity keeps you going — before and after your workout — with a menu designed to energize, refresh, and satisfy.

more than just a coffee space, this is a place to recharge, connect, and enjoy the energy of loka lanka.

come for the sweat, stay for the community

smoothie bowls

island (v, gf*) <i>blend of banana, mango, pineapple and papaya, topped with fresh fruit and homemade granola</i>	2100
cocoa bliss (v, gf*) <i>banana, cocoa, and peanutbutter, topped with coconut flakes, fruits and homemade granola</i>	2200

power snacks & cakes

protein oats <i>30 g of protein per serving. creamy chocolate-peanut oats topped with fresh seasonal fruits</i>	1800
banana bread <i>soft, nutty, and naturally sweet with oats and bananas. a simple, feel-good treat</i>	850

pre-workout boosters

amino booster

1200

fruity ready-to-drink supplement. Boosts energy and focus – enjoy 20 min before workout. ask for available flavours.

morning glow

1300

carrot, passionfruit, tumeric, mango and coconut water
natural energy, skin-enhancing, anti-inflammatory

power beet

1200

beetroot, pineapple, ginger, lime
boosts endurance, supports circulations & oxygen flow

green vitality

1300

cucumber, green apple, celery, mint, lime juice, and a hint of
curry leaves
hydrates, detoxifies & fuels metabolism

post-workout recovery

tropical shield

1200

starfruit, celery, pineapple, chia seeds, lime
replenishes electrolytes, aids digestion & repairs muscles

citrus hydration

1200

sweet cucumber, orange, chia seeds
high in vitamin c, hydrating & anti-inflammatory

power shakes

banana fusion

1400

banana, peanut butter, coconut milk, dates and a cinnamon swirl

mocha date

1500

espresso, dates, cocoa, cashews, coconut milk

golden

1200

mango blended with coconut milk, ginger & tumeric

recover refuel refresh

built your protein shake

1. choose your milk*

water	100
cow	300
coconut (v)	400
oat (v)	800

2. choose your protein

neutral	+1000
vanilla (v*)	+1000
chocolate	+1000
cookies & cream	+1000

3. choose your fruit

banana	+150
mango	+450
papaya	+150
pineapple	+200

4. choose your extra

oats	+100
almonds	+250
cashews	+250
peanutbutter	+200

*some of milk may sometimes not be available due to delivery shortages

add protein or boosters to any of your drink

protein	+1000
creatine	+200